



# JUST ADD WATER

REGISTER NOW  
**SWIM LESSONS**

## Itasca County Family YMCA Swimming Lessons

Swimming lessons for all abilities. Our lessons span from the beginner to the advanced. The goal is to positively reinforce safety while teaching practical and age appropriate swimming skills. Cost YMCA members \$30, Community members \$55. To register, please call the YMCA at 218-327-1161 or stop in and register at the membership desk.

### Group lessons ages 3 and up

**Tuesdays/Thursdays** 3:45pm-4:30pm or 4:35pm-5:20pm (3 week sessions)

**Fall 1** September 12<sup>th</sup> – September 28<sup>th</sup>

**Fall 3** October 31<sup>st</sup> – November 16<sup>th</sup>

**Winter 1** January 2<sup>nd</sup> – January 18<sup>th</sup>

**Fall 2** October 10<sup>th</sup> – October 26<sup>th</sup>

**Fall 4** November 28<sup>th</sup> – December 14<sup>th</sup>

**Winter 2** January 30<sup>th</sup> – February 15<sup>th</sup>

**Saturdays** 10:00am-10:45am or 10:50am-11:35am (6 week sessions)

**Fall 1** September 9<sup>th</sup> – October 14<sup>th</sup>

**Fall 2** October 28<sup>th</sup> – December 2<sup>nd</sup>

**Winter 1** January 6<sup>th</sup> – February 10<sup>th</sup>

**YMCA PAC Swim Lessons (for parent & child) ages 2-4 Wednesdays** from 4:00pm-5:00pm  
(4 week sessions)

**Fall 1** September 6<sup>th</sup> – September 27<sup>th</sup>

**Fall 2** October 4<sup>th</sup> – October 25<sup>th</sup>

**Fall 3** November 1<sup>st</sup> – November 22<sup>nd</sup>

**Winter 1** January 3<sup>rd</sup> – January 24<sup>th</sup>

**YMCA WaterBabies** (6 week sessions)

Ages 6-24 months with their favorite adult. 6 – 30 minute lessons

**Mondays** 10:30am – 11am

**Fall 1** September 11<sup>th</sup> – October 16<sup>th</sup>

**Fall 2** October 23<sup>rd</sup> – November 27<sup>th</sup>

**Winter 1** January 8<sup>th</sup> – February 12<sup>th</sup>

**Wednesdays** 5:00pm-5:30pm

**Fall 1** September 13<sup>th</sup> – October 18<sup>th</sup>

**Fall 2** October 25<sup>th</sup> – November 29<sup>th</sup>

**Winter 1** January 10<sup>th</sup> – February 14<sup>th</sup>

**Saturdays** 10:00am – 10:30am

**Fall 1** September 9<sup>th</sup> – October 14<sup>th</sup>

**Fall 2** October 28<sup>th</sup> – December 2<sup>nd</sup>

**Winter 1** January 6<sup>th</sup> – February 10<sup>th</sup>

### YMCA Private Swim Lessons

Private swim lessons are available for ages 3 to adult. Fee includes 5 -30 minute, one-on-one lessons. To set up private lessons call the YMCA at 218-327-1161 to register and pay and an instructor will contact you to schedule your lessons.

Cost: YMCA members \$55, Community members \$80