



FOR YOUTH
DEVELOPMENT

FOR HEALTHY
LIVING

FOR SOCIAL
RESPONSIBILITY



American
Red Cross

TRAINED
TO SAVE



Become a Lifeguard at the Itasca Co. Family YMCA

Cost: \$200

For more information when the
next training is offered

contact: **Chelsi Drobnick**
(218) 327-8810

chelsidrobnick@ymcaitasca.org



Itasca County Family YMCA, 400 River Rd, Grand Rapids, MN 55744

American Red Cross Lifeguard Training Class

One of the best possible early career opportunities as a mature teen or young adult is becoming a certified Lifeguard. Here are 5 reasons why Lifeguarding might be a great fit!

1. Developing Leadership Skills
2. Increased Communication and People Skills
3. Improved Self-Confidence
4. Working as part of a Team
5. Lifeguards Possess Desirable Skills for Future Careers

**Must be 15 years old to
attend certification course**

**Lifeguarding at the YMCA
provides you a free general
Y membership (always
looking for daytime guards)**

