



# JUST ADD WATER

REGISTER NOW  
**SWIM LESSONS**

## Itasca County Family YMCA Swimming Lessons

Swimming lessons for all abilities. Our lessons span from the beginner to the advanced. The goal is to positively reinforce safety while teaching practical and age appropriate swimming skills. Cost YMCA members \$35, Community members \$60. To register, please call the YMCA at 218-327-1161 or stop in and register at the membership desk.

### SWIMMING LESSONS

Fee: YMCA Members - \$35

Community Members - \$60

#### **Tuesday/Thursday, 3:45pm or 4:35pm**

Winter 1: January 2nd-January 18<sup>th</sup>

Winter 2: January 30<sup>th</sup>-February 15<sup>th</sup>

Spring 1: March 6<sup>th</sup>-March 22<sup>nd</sup>

Spring 2: April 3<sup>rd</sup>-April 19<sup>th</sup>

Spring 3: April 24<sup>th</sup>- May 10<sup>th</sup>

Spring 4: May 15<sup>th</sup>-May 31<sup>st</sup>

#### **Saturdays, 10:00am or 10:45am**

Winter 1: January 6<sup>th</sup>-February 10<sup>th</sup>

Winter 2: February 17<sup>th</sup>-March 24<sup>th</sup>

Spring 1: April 7<sup>th</sup>-May 12<sup>th</sup>

**PAC** - Parent and Child for youth 2-5 years old. Increase confidence and have fun in the water together. This class helps those who may be uneasy in the water.

#### **Wednesdays, 5:30-6pm**

Winter 1: January 3<sup>rd</sup>-January 24<sup>th</sup>

Winter 2: February 7<sup>th</sup>-March 14<sup>th</sup>

Spring 1: March 21<sup>st</sup>-April 25<sup>th</sup>

Spring 2: May 2<sup>nd</sup>-June 6<sup>th</sup>

**WATERBABIES** A swim program for ages 6-24 months with a parent, guardian or grandparent. During this 30 minute lesson your instructor will teach fun ways to work with your baby on water safety skills and beginning swimming.

**Mondays, 10:30-11am**

Winter 1: January 8th-February 12<sup>th</sup>

Winter 2: February 19th-March 26<sup>th</sup>

Spring 1: April 2nd-May 7th

**Wednesdays, 5-5:30pm**

Winter 1: January 10th-February 14<sup>th</sup>

Winter 2: February 21st-March 24<sup>th</sup>

Spring 1: April 4th-May 9th

**Saturdays, 10-10:30am**

Winter 1: January 6th-February 10<sup>th</sup>

Winter 2 1: February 17th-March 24<sup>th</sup>

Spring 1: April 7th-May 12th

**YMCA Private Swim Lessons**

Private swim lessons are available for ages 3 to adult. Fee includes 5 -30 minute, one-on-one lessons. To set up private lessons call the YMCA at 218-327-1161 to register and pay and an instructor will contact you to schedule your lessons.

Cost: YMCA members \$55, Community members \$80